ilmira BOOLOGIO HINTONIO DE LA CONTRACTIONIO DE LA CONTRACTIONICIO DE LA CONTRACTI i maken WIJ IIIc. ACLedith eatab C Z



KNOW YOUR CITY Maki KNOW YOUR RIGHTS

Dear Reader,

We bring to you the Edition of the Citizine.

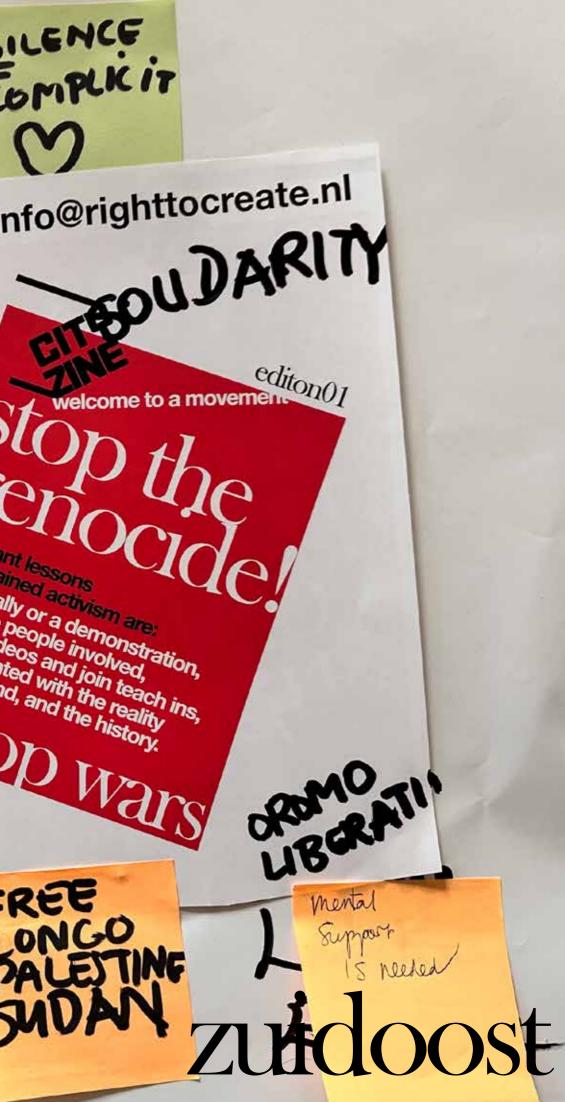
In the vibrant Amsterdam's neighborhood of Zuidoost, we've been witnessing some truly inspiring stories of people who have faced oppression, yet refused to back down. Instead, they've risen up with creativity and unwavering solidarity. These are the tales that inspire us, challenge us, and remind us of the power of the people.

As we dive into these narratives, it's important that we acknowledge the overwhelming emotions that often come with confronting such harsh realities that we see on the news. As we find ourselves sad, angry, distracted, disinterested in our daily lives, we must normalize feeling overwhelmed. The path to change isn't always straightforward, and that's okay. We've got to give ourselves the space to sit with the complexity of our feelings.

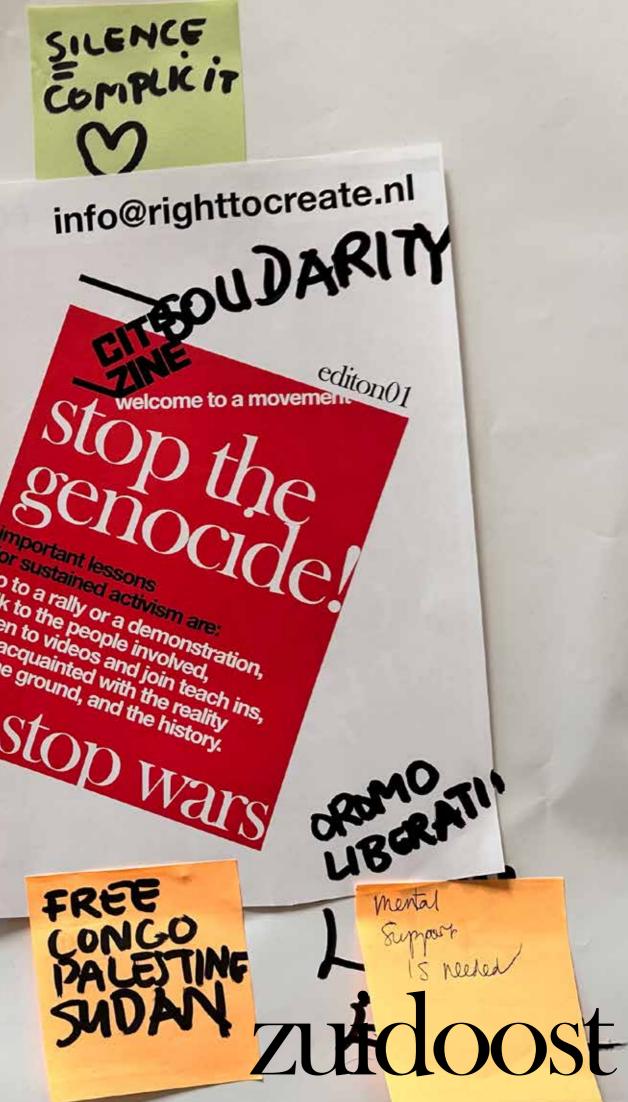
But here's the thing - it's in that very complexity that we find the power to come together and make a difference. When we get involved, that's when we start to really understand the struggles of others. And in the stories we're about to share, you're going to see that collective awakening in action.

The people of Zuidoost have refused to stay silent - they're channeling their emotions into a movement of solidarity and resistance that is truly inspiring. They remind us that getting involved is the best antidote against the alienation of these trying times. It's this sense of interconnectedness, this recognition that we're all in this together, that has the power to transform us.

Encounter some stories that are going to challenge you, inspire you, and most importantly, call you to action! CitiZine, 31 May 2024 Yours Truly, the Citizine Team.



ant lessons sustained activism are: get acquainted with th on the ground, and th



Brainstorm for > editon01







de Nieuwe Stad Kerk

"Ik kan geen slaapplekken meer vinden. Niemand heeft een noodopvangplek vrij."



Is it You or is it the System?

Feedom **Front Oromia** When con



ZO_Living_Room

ZUIOOCitiZine, 31 May 2024

"We willen doorgroeien."

International Migrants Alliance (IMA) We Are Migrants wearemigrants.net

info@righttocreate.nl amsterdam www.citizine.nl

"Why a magazine in the first place?" It will help to structure information. It will show the options there are. Tell other stories, other stories than you know. It will help to claim the ownership of stories. If something is printed, it is tangible. We want to document the life in this city. Create a safe space for sharing. Document the process. Make notes. Be in solidarity.

ZINE

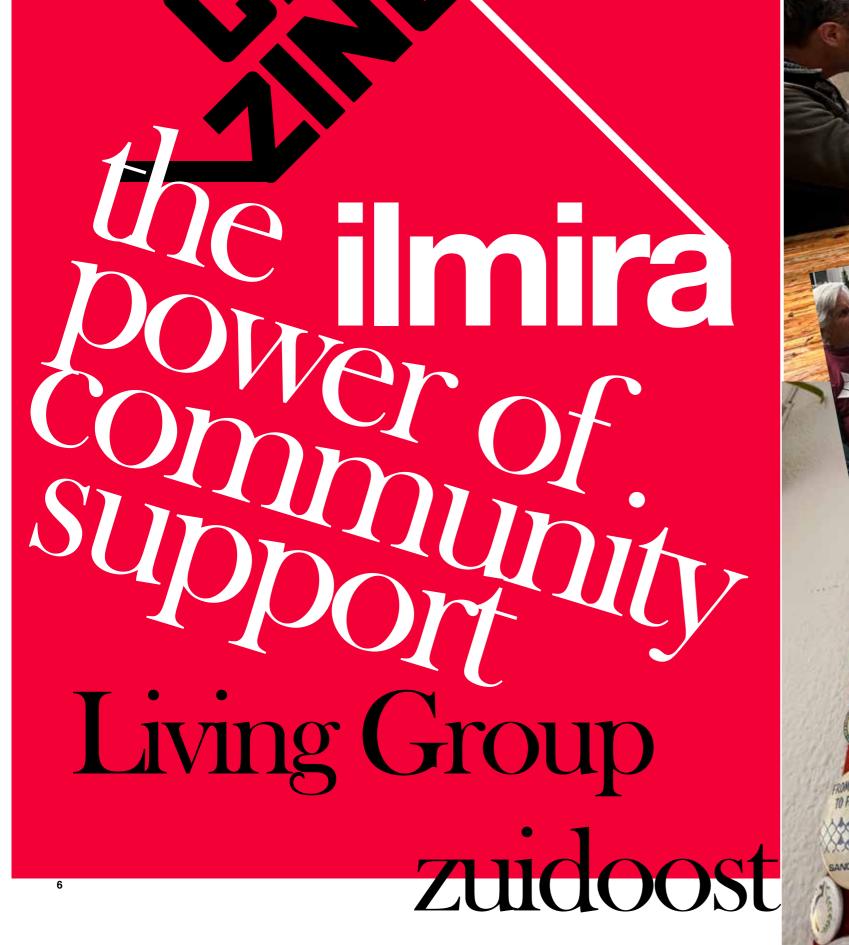
The terms "citizen" and "denizen" hold distinct meanings, particularly in the context of human rights. A "citizen" is a legally recognized member of a state or nation, enjoying full rights and responsibilities, including the right to vote, work, and live in the country, as well as protection under its laws. Citizenship is often acquired by birth, descent, or naturalization, and it confers a strong sense of belonging and identity within a political community.

Can you explain

OKEN

A "denizen" refers to an inhabitant or resident of a particular place who does not have the full legal rights of a citizen. Denizens might have permission to live and work in a country, but they often lack important political rights, such as voting in national elections or holding certain jobs in public offices. This status can include long-term residents, refugees, migrants, and others who contribute to society but are excluded from full civic participation.

Denizens, people in procedure and undocumented people are so called "non-citizens". Undocumented people lack a legal status to reside in The Netherlands. This is leading to even greater vulnerability, exclusion of rights, exploitation and instability.





The Catholic Workers in Amsterdam Zuidoost

Against Injustice in the World

A Community in Solidarity. Discussing migration at the Catholic Workers in Amsterdam Zuidoost, with reps of the Catholic Workers, Migrante, Right to Create.

Anti-Imperialist and Decolonial Voices

This very day in May 2024, two women of the Catholic Workers Union, both named Suzanne, will be imprisoned for three months in Germany. Their crime? Participating in demonstrations against the unjust capitalist system, at a military base. Their principled stance: "I will not pay the government; I will go to prison instead."

Ilmira: "In this city where an undocumented mother and child can still find solidarity, it's important to remember that this solidarity is not always easy to come by. Despite the bustling markets and people with full shopping carts, not everyone shares a loaf of bread with those in need across the street, with those who are living in an empty garage. It's a stark reminder that in our society, helping others is not always the norm.

Surviving outside one's home country requires the support of a community. When people lose their homes and face racial discrimination, it becomes incredibly difficult to find employment and basic resources. Racism remains a significant barrier, especially for black people, who are often unjustly seen as criminals. One of the biggest problems facing migrants is housing. Maintaining solidarity is tough when you're struggling with housing issues. Some communities face extremely high interest rates, making it even harder to keep a roof over their heads. Being kicked out of a house, even by fellow refugees, highlights the precariousness of the situation."

Changing Minds and Restoring Human Values

Eunice: "We need to change the mindset of those who exploit others. Remind them of basic human values and ask them to consider what they would do in the same position. Leading by example and helping others can shift perspectives. Sharing personal stories can also be powerful in explaining why we help. Decisions to leave one's country are never taken lightly. Here we have government control and strict laws, like the Linkage Law (koppelingswet), that ties social infrastructure to legal status. This is impacting the access to healthcare and other basic rights."

The Work of Catholic Workers

For 35 years, the Catholic Workers have been active in Zuidoost. Gerard, who started the House, is part of this long tradition of activism.

Migration is Not a Crime

"Activism becomes a necessity when the system fails to protect those it should. Migration is often not a choice but a necessity driven by the situation in one's home country. Neoliberalism and imperialism, supported by entities like NATO and arms companies, perpetuate wars, forcing people to flee."

www.eurocatholicworker.org

Surviving on What We Find

Ilmira: "Our Catholic Worker community survives on what we can find, sharing what little we have with those in need."

Ilmira's Lentil Soup for 10 People in 30 minutes Ingredients:

4 large onions, finely chopped 6 tablespoons olive oil 8 cloves garlic, minced 10 medium tomatoes, peeled and chopped 6 medium potatoes, peeled and diced 4 cups red lentils, rinsed 2 tablespoons dried oregano 2 tablespoons dried mint Salt and pepper to taste 12 cups water 4 tablespoons lemon juice 4 tablespoons butter

"How do I prepare? Chop the onions. Peel and chop the tomatoes. Peel and dice the potatoes. Mince the garlic.

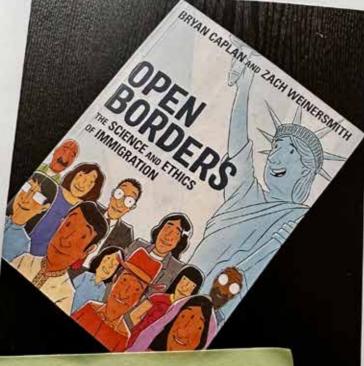
Then the cooking: I use a large pot because our group is big. I heat the olive oil over medium heat. Then I add the chopped onions and fry until they are golden brown. Add the minced garlic and cook for another minute. Then I put the peeled and chopped tomatoes in the pot. I season it with oregano, mint, salt, and pepper to taste. Fry the mixture together for about 5 minutes, stirring occasionally.

Next step. Adding Lentils and Potatoes: pour in 12 cups of water, depends on the amount of people of course. Add the diced potatoes and the rinsed red lentils. Bring the mixture to a boil, then reduce the heat to a simmer. Cook until the potatoes and lentils are tender, that is about 20-25 minutes.

Blending: Use a blender to puree the soup until smooth. If you don't have a blender, use a masher. Adjust the consistency of the soup by adding more water if needed after blending.

Finishing: Stir in the lemon juice and use some butter, can also be plant based. Adjust the seasoning with additional salt and pepper if needed. Serving: in bowls and serve it hot, with bread."





open borders/ book P-

in Anniterdann You can find Ford Support for unde aumented invoedsel parkketten

Boekentip

Over open borders.

Frits: "Voor mijn verjaardag kreeg ik een Engelstalig stripboek, geschapen door economie professor Bryan Caplan en striptekenaar Zach Weinersmith: Open Borders, the science & ethics of immigration.

De auteurs laten zien dat de huidige restricties op migratie neerkomen op wereldwijde apartheid gebaseerd op waar je geboren bent. Ze kijken naar onze angst voor armoede, het instorten van sociale vangnetten, culturele desintegratie en het einde van vrijheid als de grenzen opener worden en geven aan waarom die angst niet terecht hoeft te zijn.

Open Borders klinkt heel radicaal. Als ik een minder radicaal gehoor heb, want ik weet niet wie deze Amsterdam Zine gaan lezen, dan zeg ik:

Als ik de regels binnen Nederland en de Europese Unie wereldwijd zou willen uitrollen, dus als je in Drenthe of op Sicilië woont en graag je geluk hier in Arnsterdam wilt beproeven, dan kan dat! Alleen heb je geen recht op een sociale huurwoning in Amsterdam. En als je van buiten Nederland komt, dan heb je ook geen recht op een Nederlandse bijstandsuitkering.

Dat is altijd nog 100000 keer beter dan achter visa eisen en andere bureaucratie, of achter prikkeldraad weggestopt te worden of nooit je familie kunnen bezoeken als je hier ongedocumenteerd gemaakt leeft."



Meet Seid, Founder of Freedom Front Oromia and the Unbeatable Spirit

"My journey has been long and challenging. Having to flee when I was 13, age 14 I arrived in Europe via Greece. I fled to France with 11 friends, some of them died along the way. I eventually arrived in Ter Apel and then moved from the Amersfoort Camp to the A&O Hostel in Amsterdam Zuidoost.

Initially, the A&O Hostel seemed like a good place. I was one of the first 15 people to arrive, here and I saw many positive opportunities to build a life here in the city. I felt safe and included here in Zuidoost, especially when walking around with my friend from Palestine in the area. The diversity and culture here helped me develop as an artist, giving me a sense of belonging, a true Zuidoost feeling.

Unfortunately, the situation at the A&O Hostel deteriorated quickly. The rules became stricter, and living conditions worsened. Security was intimidating us, we were afraid we would be kicked out if we would even say something about it.

The hostel became overcrowded, with many people sharing one room, and the food was unbearable. Complaints about the food to the management and COA were ignored. I lost a lot of weight due to the poor food quality, going from 83 to 59 kg.

Many of us had to rely on food from the mosque or organizations like Boost to eat healthy.

Unsafe hostel

Speaking up about our rights or connecting with external organizations made us even feel more unsafe, fearing repercussions on our asylum procedures. In general, there was a lot of intimidation and disrespect towards migrants in the A&O, which created a stressful and fearful environment. Outside the hostel, I found some solace. I connected with organizations that provided assistance and helped me develop my work and style as an artist. This external solidarity was crucial for my mental and physical well-being.

My family's experience has profoundly impacted me. We fled Ethiopia due to political activism and oppression. My family is now spread across Canada, France, the UK, Australia, The Netherlands. My father's passion for helping people and standing up for what is right inspires me. I feel a strong sense of activism and responsibility to be a voice for the voiceless, much like my father.

My activism lead to the creation of the Freedom Front Oromia and Unbeatable Spirit.

Everybody who is young and activist, is called 'Qerro'

Freedom Front Oromia is a platform I started here in the Netherlands with a group of young activists. Our goal is to provide a voice to oppressed people, sharing unfiltered media that mainstream outlets often overlook. We aim to tell the stories that need to be heard, focusing on human rights and social justice.

Unbeatable Spirit is a brand I am developing that reflects the resilience and strength of our people. We've faced torture, imprisonment, and genocide, yet we continue to fight. This brand represents our indomitable spirit, our culture and the desire to live with dignity. It's about taking control of our narrative and working with people who respect our vision and creativity.

I want to use my platform to support human rights and share the stories that matter. Through Freedom Front Oromia and Unbeatable Spirit, I will make a lasting impact, empowering others and continuing the fight for justice."

Source of the second second

here I realy and In







In 2020, amidst the COVID-19 pandemic, resilient women started to work together.

What began as a small project to make face masks has now evolved into weekly project where dresses and home goods are made. Operating out of a day shelter for homeless people in the Nieuwe Stad Kerk, the Living Room does not just have the ambition to be a place of work, but a place where women can become self reliant and informed. Where people can learn new skills, build their lives, and become part of a supportive community.

Favor, a skilled professional, plays a role by cutting fabric for the dresses. Her expertise ensures that each piece, each dress is crafted with care and precision. Meanwhile Cynthia, Mercy, Elisabeth, Josephine, Edith and Adjoa work on personal projects, creating dressess. Amy is working on her book. This is showcasing the individual power supported within this space.

The living conditions of the members highlight the challenges they face. Mercy, for instance, sleeps in a basement, a reminder of the limited housing options available to many undocumented people in the city. Her situation is marked by perseverance, different jobs, sleeping in various places and the lack of safety of being a woman on her own.

Members of the Living Room speak Twi, English, and Dutch, often mixing languages in conversations. This linguistic blend reflects the diverse backgrounds of the women and the inclusive environment cultivated here, "We make sure we all understand each other,"

The Living Room aims to be more than a business; it is a movement dedicated to making life better for those in need. By providing a space where women can learn, grow, and contribute, it represents the power of the community and the impact of giving the chance.

Now they want to move on. Make their own businessplan, make sure they can organize their own money to expand for better futures.

INSTAGRAM @zo_living_room



Sinds 2018 boden de kerken in De Nieuwe Stad een welkome plek voor velen met de inloop 'De Nieuwe Stad op Maandag'. Deze inloop, ondersteund door Elianne en Raffic, verzorgde wekelijks maaltijden, ouderen en jongeren uit de buurt kwamen langs.

Maar toen de coronapandemie toesloeg, werden de diepere lagen van sociale nood en onrecht in deze wijk schrijnend zichtbaar. Mensen verloren hun inkomen, hun sociale contacten, de ouderen vereenzaamden.

IN REACTIE OP DEZE NOOD BEGONNEN DE KERKEN MET HET UITDELEN VAN MAALTIJDEN, BEZORGD AAN HUIS EN GEKOOKT DOOR VRIJWILLIGERS.

Huisartsen, maatschappelijk werkers, de GGD en wijkagenten verwezen al snel mensen door naar deze nieuwe hulpbron. Wat begon als een tijdelijke oplossing, groeide uit tot een omvangrijk project waarbij twee keer per week 180-200 mensen een maaltijd ontvingen. In samenwerking met Rode Kruis werden wekelijks voedselpakketten verstrekt. Tijdens de lockdowns fungeerde de Kerk ook als dagopvang voor dakloze mensen in de noodopvanglocatie van de A&O, die overdag de noodopvang moesten verlaten.

Zo heeft het maaltijdproject ervoor gezorgd dat de Nieuwe Stad een plek geworden is waar meer dan alleen een maaltijd verstrekt wordt. Van maandag t/m vrijdag is de kerk open van 10.00 tot 14.00.

"Dagelijks komen er nog mensen eten, of nemen mensen een maaltijd mee. We organiseren diverse activiteiten zoals Nederlandse taalles, computerles, denken actief mee in het ontwikkelen van ondernemerschap, gaan in gesprek, geven informatie en verwijzen door naar organisaties in de stad. Maar wat we op dit moment niet kunnen oplossen is dakloosheid," zegt Elianne. "We kunnen geen bedden meer vinden, steeds meer mensen slapen op straat. Het is heel moeilijk voor iedereen."



unere ake manys food support places In Amsterdam Zundroot. Check the sources for Information. Voedselbankenfor Undowmented people go to Nieuwe Stad Kerk

Cooking in the Nieuwe Stad Kerk

"it tastes like Africa"

Sauce by Lydia, via voice message:

"The ingredients are: oil tomatoes peppers onions ginger garlic bell pepper any spices of your choice."

if you need more info, come to the Nieuwe Stad Kerk on Tuesdays! Is it You or is it The System **Amsterdam Zuidoost**

detention. - know someone who was in prion for nothing

Mercy. I Am Not a Bad Person

"The Living Room means everything to me. It's where I find solace and purpose, surrounded by people who care. We come together, make clothes, and find joy in our work. It's in these moments that I feel truly alive. I spend my time here creating clothes, and the sense of community fills my heart with happiness.

For almost 28 years, I've fought to live a good life. People might judge me by my appearance, but my heart is pure. I always strive to do good. Maybe my face doesn't reflect it, but my intentions are genuine. I don't want to tarnish the name Mercy.

When you see me laughing, it's not because I don't have problems. I laugh because it's my way of coping, my way of surviving. Laughter is free, and it's what I can offer. I laugh when it's time to laugh, despite my unstable living conditions.

Every week, I come here to join the group. We gather every Tuesday at the Nieuwe Stad Kerk, and on other days too. I help at the church whenever they need me. During the day, I try to leave my stress behind, to see people, to understand what's happening around me.

On Fridays, I receive a package for support. I don't live in a house. For seven months now, I've been living in a basement space. It's a storage space filled with empty boxes and cans of food, with no windows and without heating. The winter was harsh, but the Red Cross gave me blankets. Finding a bed or a room in a house has always been a struggle, nobody can help me with this at the moment.

Life is hard. Tomorrow, I have to pay the rent for this windowless basement box, and I'm stressed. Whenever I'm stressed, I eat too much, which is bad for my health.

But at least I have a shelter to cover my head from the outside world. I don't want to give too much of myself anymore because men have taken advantage of me in the past. I don't want that anymore. I want to preserve my dignity.

I have two house cleaning jobs, put it does not pay the rent my basement shelter. I am supported by a church now, but this will end. It will give new stress. But for now I keep 50 euros for myself per month. So I make do with what I have. Join groups and activities in the city, like in World House.

My medication comes from the pharmacy in Zuidoost. I cannot go back to my country of origin because there's no accessible medication for me there. I can never stop taking my medication; if I do, it would be the end of me. Without it, I could have a stroke. I need support in buying my medication because I cannot be cured. I have diabetes since 20 years, and health is the main issue in my life.

I am not a bad person. Despite my struggles, I strive to do good, help others, and maintain my health. My living conditions might be unstable, but my heart remains steadfast. I hope this story helps you see me beyond appearance, understanding the person I truly am."

> Iou have the right to basic medical CARE

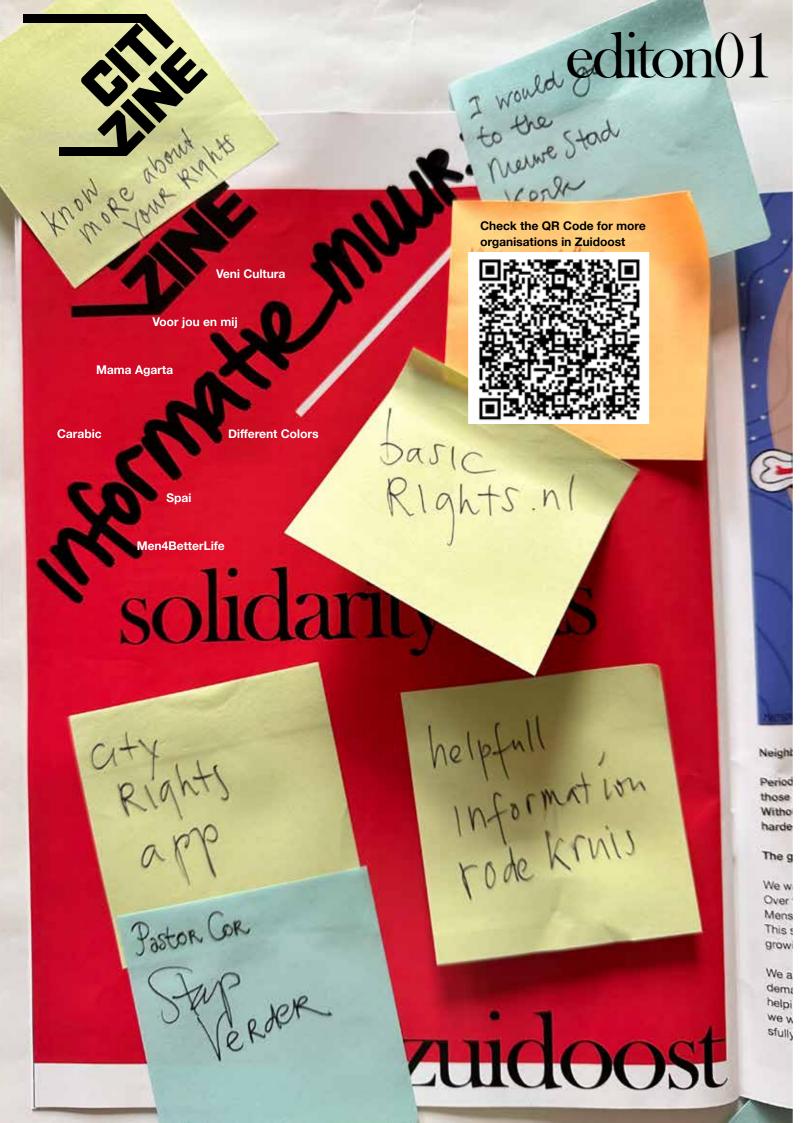
Are you an undocumented migrant in need of medical care? Even when you have no legal permit to stay you have the right to health care in The Netherlands.

For all non-emergency care your point of contact is a General Practitioner (Dutch: 'huisarts') in your area of residence. Even if you don't have enough money to pay for the care, the doctor may not refuse to provide you with necessary health care.

The costs can be compensated by the government via the 'Centraal Administratie Kantoor' (CAK).

editon()1

https://www.hetcak.nl/zakelijk/regeling-onverzekerden/





Neighborhood Feminists Fund Raiser

Period poverty still affects too many people in Amsterdam (some 27% of those who menstruate, which amounts to well over 66,000 people) Without the support of volunteers and donors, we cannot help those hardest hit by period poverty.

The growing need in Amsterdam

The Neighborhood Feminists want to continue providing essential period products to those in need. Over the past year, however, they have seen a dramatic increase in the use of their Menstruation Stations, with usage of our Stations doubling since last year. This surge in demand for free period products underscores the ongoing (and growing) need in our city.

The Neighborhood Feminists remain as committed as ever to meeting this demand. They have gone from helping 11 people a month back in 2019, to now helping around 4.000 people every month. And that progress happened while they are publishing original quantitative research on the issue and successfully advocating for longer term, sustainable changes at the municipal level. Support their cause and keep on protesting!



more information qynamy@yahoo.com

"Nothing Changed but Sammy" is a masterful blend of vivid storytelling and emotional depth, a tribute to the resilience found in the darkest of times.

The book explores the depths of sorrow and the strength of human spirit. Witness the grief-stricken parents, Edward and Suzie, as they face the unbearable truth of their son's death.

Then, the entrance of a mysterious man at the funeral adds a layer of uncanny intrigue and unresolved tension, mirroring the unpredictable storm that life brings.

The story weaves through the struggle, the raw exclusion, the action and the fragile beauty of the final goodbye.

"Nothing Changed but Sammy" is a story that lingers, reminding us that even in the face of overwhelming loss, the echoes of a life lived well can bring comfort and hope. And suspense: How did he die? What happened, can we reconstruct?

The book will be published soon. If you have any other questions or need further assistance, feel free to ask the author Amy Godwyn!



Advancing Migrants and Refugees' Rights, Building Solidarity with Workers and Peoples, Working Towards Justice and System Change

20





This is the motto of the International Migrants Alliance (IMA), the first-ever global alliance of grassroots migrants, refugees and displaced peoples.

The IMA welcomes organizations of migrants, refugees and displaced peoples as well as advocates to join the alliance.

we are migrants





More information: ima.sect@gmail.com







Solidarity ads in the Citi Zine! Mail us if you want to be included in the next edition

FECHA

PARA TODOS LOS JOVENES SOBRE EL SISTEMA JURIDIO

TRATAR

- @ perMens

HORA

Buurthuis NoLIMI

POLITIE

Indicia Armiteada



VU

RABAT

THE HUMAN RIGHTS OF UNDOCUMENTED MIGRANT WORKERS CONFERENCE

VU AMSTERDAM 17-19 JUNE 2024

re for Migration and Refugee Law

VRIJE UNIVERSITEIT

HEINRICH BÖLL STIFTUNG









Het is de hoogste tijd om te kappen met het verwoesten van de aarde door het winnen en het verbranden van kolen! Daarom hebben we ProRail gevraagd het transport van kolen te staken. ProRail: Kappen met Kolen!

Draag een steentje bij voor het klimaat





FREE MIGRATION



WWW.MIGREAT.ORG @MIGREATNL @MIGREAT.EN

